

THE 9th HEROES TAEKWONDO INTERNATIONAL CHAMPIONSHIP 2026

제9회 히어로즈 태권도 국제 선수권 대회 2026



ONE PASSION, MANY HEARTS

Different journeys, one shared dream. Together, we move forward.

Welcome to Pattaya City, Thailand – Where Adventure Meets the Sea!

Feel the smiles, Chase the sunsets, and Create Unforgettable Memories.

Invitation: “The 9th Heroes Taekwondo International Championship 2026”

Dear Sir/Madam,

We are pleased to invite you to The Heroes Taekwondo International Championship 2026, which will take place on 31 July – 02 August 2026 at the Eastern National Sports Training Center, Pattaya City, Chonburi, Thailand. This premier event aims to unite Taekwondo enthusiasts from around the world.

Bringing together athletes from over 30 countries, this international competition provides a high-level platform for practitioners of all ages and skill levels. The championship will feature six competition categories:

- Kyorugi: Individual, Team
- Kyorugi – Para
- Poomsae: Individual, Pair, Team
- Poomsae – Freestyle: Individual, Pair, Team
- Speed Kick – Punch
- Taekwondo Dance

Clubs, associations, and universities worldwide are cordially invited to participate, with confirmed teams from numerous nations. To ensure fairness and international standards, the competition will utilize the latest Electronic Scoring System (PSS) for Little Cadet, Cadet, Junior, and Senior divisions. Selected Kyorugi categories will implement the KPNP PSS K1 – K2 system, guaranteeing transparency, accuracy, and fair play.

Furthermore, teams registering a minimum of 20 events under the same team’s name will be eligible to receive the Most Valuable Team Trophy (Plaque).

The entry deadline is July 9, 2026. **Late submissions will be additional fine penalty.** The complete competition schedule will be provided in the official outline.

We sincerely encourage your participation and look forward to welcoming you to an exciting and memorable championship in Pattaya.

Best Regards,

Cassandra Haller,

Director of Heroes Taekwondo Organization

THE 9th HEROES TAEKWONDO INTERNATIONAL CHAMPIONSHIP 2026

(July 31 – 02 August 2026) / Pattaya City Chonburi, Thailand

[OFFICIAL OUTLINE]

- PROMOTER: Ms. Cassandra Haller (CEO of Heroes Taekwondo)
EMAIL: cassandra.chz@gmail.com
DATE: July 31 – 02 August, 2026 (3 Days)
VENUE: Eastern National Sports Training Center Chaiyaphruek 2 Rd, Pattaya City, Bang Lamung District, Chon Buri, Thailand
EVENT: 6 Type of Competition Events
- Kyorugi: Individual, Team
 - Kyorugi – Para
 - Poomsae: Individual, Pair, Team
 - Poomsae – Freestyle: Individual, Pair, Team
 - Speed Kick – Punch
 - Taekwondo Dance

ONLINE REGISTRATION

- All foreign athletes and team officials must be registered at <https://gmacscore.com/match/455> (www.gmacscore.com)

INFORMATION:

WHATSAPP GROUP



FACEBOOK PAGE



REGISTRATION



DEADLINE REGISTRATION: JULY 9, 2026 (GMT+ 7) Thailand Local Time

Award Presentation:

Kyorugi / Poomsae / Para Kyorugi

1st Place: Gold Medal(s) and certificate(s)

2nd Place: Silver Medal(s) and certificate(s)

3rd Places: Bronze Medal(s) and certificate(s)

Trophies MVP – Best Player Kyorugi Categories / Poomsae Categories

- Best Player (Male/Female Youth under 6 years): 2 Awards
- Best Player (Male/Female Youth under 6 years): 2 Awards
- Best Player (Male/Female Youth under 8 years): 2 Awards
- Best Player (Male/Female Youth 9-10 years): 2 Awards
- Best Player (Male/Female Youth 11-12 years): 2 Awards
- Best Player (Male/Female Youth 13-14 years): 2 Awards
- Best Player (Male/Female Junior 15-17 years): 2 Awards
- Best Player (Male/Female Senior 18 years above): 2 Awards
- Best Player (Male/Female Grand Master): 2 Awards

Best Player Poomsae Freestyle (Male/Female): 2 Awards

Best Pair Poomsae (Male/Female): 1 Award

Best Team Poomsae: 1 Award

Best Total Score Awards: Kyorugi & Poomsae: Total Score of 1st, 2nd, 3rd Place

Outstanding Performance

Best Coach for both Kyorugi & Poomsae: 2 Awards

Best Team Trophy for Taekwondo Dance: 1 Award

Best of Best Team (Total score of both Kyorugi / Poomsae): 1 Award

KYORUGI DIVISION – INDIVIDUAL CATEGORIES

Qualification Division:

Class D: White - Yellow Belt (Divided by Group of 2 or 3)

(School level or newbie practice once – twice a week only)

Class C: White - Green Belt (Divided by Group of 2 or 3)

(Beginner Level, with no Head Kick **#NoHeadKickAllow**)

Class B: Any Colors Belts (**No Poom or Black Belt allow**) (Divided by Group of 4)

(Armature level with Head Kick Allow, **#NotAllow spinning Head Kicks (6points)**)

Class A – Open: Any Color belt rank – Poom/Black (**All Point Kicks Allow**)

| KYORUGI INDIVIDUAL CATEGORIES | | | Weight Division (KG.) | | | | | | | | | |
|----------------------------------|--------|-----------------------|-----------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| Ages Group | Gender | Class | A | B | C | D | E | F | G | H | I | J |
| Under 4 Years (2022 – Above) | M/F | B / C / D | -15 | -18 | +18 | | | | | | | |
| 5 – 6 Years (Year 2020 – 2021) | M/F | A / B / C / D | -18 | -20 | -22 | -24 | -27 | +27 | | | | |
| 7 – 8 Years (Year 2018 – 2019) | M/F | A / B / C / D | -20 | -22 | -24 | -27 | -30 | -34 | -38 | +38 | | |
| 9 – 10 Years (Year 2016 – 2017) | M/F | A PSS (K2) / B / C | -23 | -25 | -27 | -29 | -32 | -36 | -40 | +40 | | |
| 11 – 12 Years (Year 2014 – 2015) | M/F | A PSS (K2) / B / C | -25 | -28 | -31 | -34 | -38 | -42 | -46 | +46 | | |
| Cadet Female (Year 2012 – 2014) | Female | A PSS (K2) / B | -29 | -33 | -37 | -41 | -44 | -47 | -51 | -55 | -59 | +59 |
| Cadet Male (Year 2012 – 2014) | Male | A PSS (K2) / B | -33 | -37 | -41 | -45 | -49 | -53 | -57 | -61 | -65 | +65 |
| Junior Female (Year 2009 – 2011) | Female | A PSS (K2) / B | -42 | -44 | -46 | -49 | -52 | -55 | -59 | -63 | -68 | +68 |

THE 9th HEROES TAEKWONDO INTERNATIONAL CHAMPIONSHIP 2026

제9회 히어로즈 태권도 국제 선수권 대회 2026

| | | | | | | | | | | | | |
|---------------------------------|--------|-------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| Junior Male (Year 2009 – 2011) | Male | A PSS (K2) / B | -45 | -48 | -51 | -55 | -59 | -63 | -68 | -73 | -78 | +78 |
| Senior Female (2008 - Above) | Female | A PSS (K2) / B | -46 | -49 | -53 | -57 | -62 | -67 | -73 | +73 | | |
| Senior Male (Year 2008 – Above) | Male | A PSS (K2) / B | -54 | -58 | -63 | -68 | -74 | -80 | -87 | +87 | | |
| Young Master 30+ (1995 – Above) | Female | A (ESS) | -55 | -63 | -72 | +72 | | | | | | |
| Young Master 30+ (1995 – Above) | Male | A (ESS) | -60 | -70 | -80 | +80 | | | | | | |
| Grand Master 40+ (1985 – Above) | Female | A (ESS) | -55 | -63 | -72 | +72 | | | | | | |
| Grand Master 40+ (1985 – Above) | Male | A (ESS) | -60 | -70 | -80 | +80 | | | | | | |
| Grand Master 50+ (1975 – Above) | Female | A (ESS) | -55 | -63 | -72 | +72 | | | | | | |
| Grand Master 50+ (1975 – Above) | Male | A (ESS) | -60 | -70 | -80 | +80 | | | | | | |

🚫 ATTENTION – CLASS A KYORUGI

Please be informed of the PSS (Protection Scoring System) usage for Class A Kyorugi divisions as follows:

❌ NOT using PSS

- Under 6 Years
- Under 8 Years
- Masters Over 30 Years
- Masters Over 40 Years

✅ Using PSS – KPNP (K2 Version)

- Under 10 Years
- Under 12 Years
- Cadet
- Junior
- Senior

🧦 PSS Socks Information

- PSS socks are available for purchase and rent at the competition venue
- The rent fee is 100 THB (฿) / round, athlete's can rent at their court when their turn

⚠️ Please ensure athletes have the correct equipment before competition.

Thank you for your kind cooperation. 🙏



MUST READ! Important Information and Criteria of Kyorugi Individual Classification

Kyorugi are using new rules update (01 January, 2026 by World Taekwondo Rules)

- Rookie – Class D: **Not allowed head kicks and techniques of spinning kicks:** Only White & Yellow Belt can be registered (The group will be divided into 2-3 people/group **maximum matches will be 2 matches fight.** All kids will get medals.
-
- Beginners – Class C: **Not allowed head kicks and techniques of spinning kicks:** Only White & Yellow & Green Belt can be registered (The group will be divided into 2-3 people/**group maximum matches will be 2 matches' fight.** All kids will get medals.
- Intermediate – Class B: **Allowed head kicks and techniques of spinning kicks** except spinning head kicks are **not allowed (6 points Techniques):** Only color belts **not allow Poom or Black Belt** (The group of athletes will be divided into 3 to 4 people/ group maximum matches will be maximum 2 rounds fight. All kids will get medals.
- **Advance – Class A (Open):** **Allowed head kicks and all technique kicks:** All belt colors are allowed (Color – Poom / Dan Belt): **Please note!** The group of each weight category will not be divided. Athletes must win their match to receive the medals. **(The player who lost before Semi – Final, will receive medal with certificate of participation)**

Athletes or coaches may request a face shield for their athletes in any class rank accept Class A, also **class C, D can request sport glasses for athletes.** However, for group above the cadet level only Class B division participants are eligible to make this request. **Additionally, each player is allowed to participate in only one weight division.**

KYORUGI DIVISION – TEAM CATEGORIES

Kyorugi Team 3 Players: Non-PSS Protector

| Age Categories | Total Weight (Male Team) | Total Weight (Female Team) |
|-----------------------|--------------------------|----------------------------|
| Youth Under 10 Years | 120 Kg. | 110 Kg. |
| Youth Under 12 Years | 135 Kg. | 125 Kg. |
| Cader Under 14 Years | 160 Kg. | 150 Kg. |
| Junior Under 17 Years | 190 Kg. | 170 Kg. |
| Senior Over 18 Years | 210 Kg | 180Kg. |

PARA TAEKWONDO

MALE K41 / K44

FEMALE K41/ K44

Athletes must be born in 2009 or before (16 years or older)

Grade: 5th Kup and above

Weight Divisions following by World Taekwondo Weight Division

K44 AND K41

| | | | | | |
|--------|--------|--------|--------|--------|--------|
| Male | -58 Kg | -63 Kg | -70 Kg | -80 Kg | +80 Kg |
| Female | -47 Kg | -52 Kg | -57 Kg | -65 Kg | +65 Kg |

Kyorugi Competition Rules

- Single-elimination system for each weight category (Men's/Women's).
- WT Competition Rules (01 January 2026, Kyorugi) apply.

Equipment & Safety

- WT-approved gear or local brands following WT standards.
- Required gear: Groin guard, forearm guard, sensing socks, gloves, mouthpiece, etc.
- WT-recognized uniform (white) must be worn, with all protective gear properly placed.

Weigh-In

- Held one day before competition.
- Clothing: Male – underpants; Female – underpants & sports bra. Nude weigh-in allowed for 18+ (except juniors, will get a 100g allowance).
- One attempt allowed; a second chance is given within 60 minutes if needed.
- Required documents: ID card & Passport (or National ID with competition accreditation).
- Changes may occur at the Head of Team Meeting.

Participant Regulations

1. One weight category per age group; athletes may allow to compete in higher age categories.
2. Incomplete applications may be rejected.
3. All athletes must comply with competition rules.
4. Required: Personal Passport & Taekwondo Promotion Certification.
5. Religious items must be worn under the uniform and should not cause harm or obstruction.
6. Each athlete is allowed only one coach during their match.
7. **If an athlete is competing in multiple events (Kyorugi & Poomsae) and faces a schedule conflict, they must inform the court staff or referee to avoid disqualified for a no-show.**
8. If a team does not have enough coaches, senior athletes or assistants may act as coaches. However, they must be registered as a coach in advance to gain entry into the competition area.

Match Format & Regulations

- Two 3rd place winners are allowed (“1, 2, 3, 3”).
- Match duration: 1-2 minutes per round, 2 – 3 rounds, with 20-second to 1-minute breaks (adjustable), Time schedule can be adjusted according to organizer committee.
- Report: **Athletes must arrive at least 30 minutes before their match.**
- **No-shows will be called three times within three minutes before disqualification.**

RECOGNIZE POOMSAE – INDIVIDUAL / CATEGORIES

| Age Division | White | Yellow | Green | Blue | Brown | Red | Poom / Dan Perform 2 Poomsae (Random) |
|--------------------------------|-----------|-----------|-----------|-----------|-----------|-----------|--|
| U6 Years (2020 – above) | 6 Blocks | Taeguek 1 | Taeguek 3 | Taeguek 5 | Taeguek 7 | Taeguek 8 | Taeguek 3,4,5,6 |
| U9 Years (2017 – 2019) | 6 Blocks | Taeguek 1 | Taeguek 3 | Taeguek 5 | Taeguek 7 | Taeguek 8 | Taeguek 3,4,5,6 |
| U11 Years (2016 – 2015) | 6 Blocks | Taeguek 1 | Taeguek 3 | Taeguek 5 | Taeguek 7 | Taeguek 8 | Taeguek 4,5,6,7,8, Koryo |
| Cadet U14 (2012 – 2014) | Taeguek 1 | | Taeguek 3 | Taeguek 5 | Taeguek 7 | Taeguek 8 | Taeguek 4,5,6,7,8, Koryo |
| Junior U17 (2009 – 2011) | Taeguek 1 | | Taeguek 3 | Taeguek 5 | Taeguek 7 | Taeguek 8 | Taeguek 5,6,7,8, Koryo, Kumgang |
| Senior U30 (1996 – 2008) | Taeguek 3 | | | Taeguek 5 | | | Taeguek 7,8, Koryo, Kumgang |
| Senior U40 (1986 – 1995) | | | | | | | |
| Senior U50 (1976 – 1985) | Taeguek 4 | | | Taeguek 6 | | | Koryo, Kumgang, Taebek, Pyeongwon |
| Senior U60 (1966 – 1975) | | | | | | | |
| Senior Over 60 Below – 1965 | | | | | | | |

RECOGNIZE POOMSAE – PAIR / TEAM CATEGORIES

Poomsae Mixed: There will be NO separate groups for Male-Male, Male-Female, or Female-Female pairs.

Poomsae Team Mixed: There will be NO separate groups for M-M-M, F-F-F, M-F-F, or F-M-M teams.

| Age Division | White | Yellow | Green | Blue | Brown | Red | Poom / Dan Perform 2 Poomsae (Random) |
|--------------------------------|---------------------------|--------|-------|---------------------------|-------|-----|--|
| U6 Years (2020 – above) | Taeguek 1 or 3 (Choose 1) | | | Taeguek 3 or 5 (Choose 1) | | | Taeguek 4,5,6 |
| U9 Years (2017 – 2019) | | | | | | | Taeguek 4,5,6 |
| U11 Years (2016 – 2015) | | | | | | | Taeguek 4,5,6,7,8 |
| Cadet U14 (2012 – 2014) | Taeguek 3 or 4 (Choose 1) | | | Taeguek 5 or 7 (Choose 1) | | | Taeguek 6,7,8, Koryo |
| Junior U17 (2009 – 2011) | | | | | | | Taeguek 6,7,8, Koryo, |
| Senior U30 (1996 – 2008) | Taeguek 3 or 4 (Choose 1) | | | Taeguek 5 or 7 (Choose 1) | | | Taeguek 7,8, Koryo, |
| Senior U40 (1986 – 1995) | | | | | | | Kumgang |
| Senior U50 (1976 – 1985) | Taeguek 3 or 4 (Choose 1) | | | Taeguek 5 or 7 (Choose 1) | | | Koryo, |
| Senior U60 (1966 – 1975) | | | | | | | Kumgang, Taebek, |
| Senior Over 60 Below – 1965 | | | | | | | Pyeongwon |

POOMSAE FREESTYLE – INDIVIDUAL / PAIR / TEAM CATEGORIES

| POOMSAE FREESTYLE CATEGORIES | |
|------------------------------|-------------------------------------|
| Cadet Division | Not Over 9 Years old (2017 – Above) |
| | Not Over 11 Years old (2015 – 2016) |
| | Not Over 14 Years old (2012 – 2014) |
| Junior Division | Not Over 17 Years old (2009 – 2011) |
| Senior Division | Not Over 30 Years old (1996 – 2008) |
| | Over 30 Years old (Below – 1995) |

Poomsae Elimination Competition:

1. Judging System:
 - Three referees will evaluate the performance.
 - A randomly selected Poomsae will be displayed on the screen.
 - The elimination system will be used for all rounds in both colors belt and the Poom – Dan Rank Belt category.
2. Score Distribution: Total Score: 10.0
 - Accuracy: 4.0 points
 - 0.1-point deduction for minor mistakes in individual movements.
 - 0.3-point deduction for significant mistakes in individual movements.
 - Presentation: 6.0 points
 - Speed & Power: 2.0 points
 - Rhythm & Tempo: 2.0 points
 - Expression of Energy: 2.0 points
3. Contest Duration: 1 minute 30 seconds – 1 minute 40 seconds
4. Awards & Qualification:
 - Competitors who advance to the Semifinals and Finals will receive medals.
 - Participants eliminated in earlier rounds will still receive medals and a certificate of participation.

Poomsae Freestyle Competition

The winner will be determined based on the ranking score. The athlete with the highest score will be declared the winner, followed by the next highest scores in ranking order.

Note: Scoring follows the official World Taekwondo rules. (September 30, 2024)

Taekwondo Dance

1. Team Format

- Each team must consist of 7–9 members, gender is not restricted.
- There are two age divisions:
 - Under 15 years old
 - 15 years old and above

2. Competition Format

- Teams will be ranked based on total average score.
- The team with the highest score will be awarded the Best Performance Trophy.

3. Judging Criteria

- The performance will be evaluated by a panel of 5 judges using the following criteria:
 1. Synchronization of taekwondo skills, dance movements, and musical rhythm
 2. Completeness and clarity of techniques and gestures
 3. Entertainment value and overall presentation
 4. Team coordination and synchronization
 5. Formation and aesthetic arrangement on stage

4. Performance Duration

- The maximum performance time is 5 minutes.

5. Costumes

- Costumes should be creative, beautiful, and appropriate.
- Safety must be prioritized in the costume design.

6. Music Submission

- Coaches or instructors must submit the music to the sound technician team prior to the competition.
- Music can be provided via USB drive or direct device connection.
- A pre-test of the music file is required before the actual performance.

SPEED KICK CATEGORY

Speed Kick Competition Rules

1. Individual Contest Duration: Each athlete has 30 seconds to kick within the designated target area. The winner is determined by the highest number of successful kicks with the correct power and accuracy.
2. Team Format (3 Athletes):
 - The first athlete kicks for 30 seconds, followed by the second athlete for another 30 seconds, and finally, the third athlete kicks for 30 seconds.
 - The total score from all three athletes is combined.
 - The team with the highest total score wins.

| Division | Front Kick 앞 차기, “Ap Chagi” | Round Kick 돌려 차기, “Dollyeo Chagi” | Punch Jireugi (지르기) | Speed Kick Team |
|-----------------------|-----------------------------|-----------------------------------|---------------------|--------------------|
| Youth under 4 years | Male – Female | Male – Female | Male – Female | |
| Youth under 6 years | Male – Female | Male – Female | Male – Female | |
| Youth under 8 years | Male – Female | Male – Female | Male – Female | Team of 3 Athletes |
| Youth under 10 years | Male – Female | Male – Female | Male – Female | |
| Youth under 12 years | Male – Female | Male – Female | Male – Female | |
| Cadet under 14 years | Male – Female | Male – Female | Male – Female | |
| Junior under 17 years | Male – Female | Male – Female | Male – Female | |
| Senior over 18 years | Male – Female | Male – Female | Male – Female | |

!! Special Reminder!!

WT Recognized Brands

- Participating contestants are **not required** to wear WT-recognized uniforms or protective equipment brands, also allowed to wear the local brands following WT standards.

Dress Code

- Coaches must wear a neat tracksuit, shirt with long pants, or a sports team jacket. Proper attire is required.
- More details about the dress code will be provided during the Head of Team Meeting.
- Athletes must wear the correct uniform as shown in the official guidelines.
 - Failure to comply may result in a deduction (-0.8) or disqualification.

Indemnities

- All participants must ensure they complete and agree to the required declarations during registration.
- By registering, participants indemnify the organizers, officials, and fellow competitors against claims related to injuries, losses, fatalities, or other incidents occurring during the championship.

Weigh-In

- Weigh-in will take place before the start of the respective weight category.
- Each athlete has one (1) attempt to pass the weigh-in.
- If the athlete fails, one (1) extra attempt is allowed within the official weigh-in schedule.

Head of Team Meeting & Drawing of Lots

- The Head of Team Meeting will be conducted by the Heroes Taekwondo Committee.
- The exact location and time will be communicated in advance.
- The drawing of lots will be available on the official website www.gmacscore.com/match/455
- The Head of Team Meeting is scheduled on 30 July 2026, from 14:00 – 16:00, at Eastern National Sports Training Center, Pattaya city Chonburi
- **Any changes will be communicated as soon as possible.**

Visa Requirements

- A visa may be required to enter Thailand.
- The Organizing Committee cannot guarantee entry but can provide assistance.
- It is the responsibility of each athlete and team to apply for and secure the correct entry visa.

Accommodation

- Recommended hotel options will be provided in the official package documents.

Referees

- **Referees must submit the relevant application form** to the Heroes Taekwondo Committee at cassandra.chz@gmail.com by 10 May 2026 for approval.

Information & Updates

- For the latest updates, visit:
 - Facebook: [Heroes Taekwondo](#)
 - Website: www.Gmacscore.com

Entry Fees & Deadlines

- Entry fees must be paid before the registration deadline via:
 - Cash on Arrival: Team **must first pay a 30% deposit** of the entry fee to secure their registration. **The remaining balance can be paid upon arrival.**
 - Bank Transfer
 - Western Union
 - Wise Transfer
 - PayPal (+5% Additional added)
- Athletes will not be allowed to compete without verified payment to the Organizing Committee.

Additional Information

- Multi-Event Registration:
 - Contestants can register for more than one competition event, including:
 - Kyorugi
 - Poomsae
 - Freestyle Poomsae
 - Taekwondo Dance
 - Speed Kick, Speed Punch
 - Each club/team can enter multiple athletes in the same category.

- Protest & Appeals:
 - Only the Team Manager / Head Coach has the right to file a protest.
 - The protest must be submitted within 15 minutes after the match.
 - **A USD 500 protest fee is required.**
 - If the protest is upheld, the fee will be refunded.
 - The referee's decision is final. Any team or athlete who disputes the decision may face disqualification and be reported to World Taekwondo.
- Video Evidence:
 - The Organizing Committee does not provide video recording equipment for scoring disputes.
 - Teams **may** bring their own video recording devices for evidence.
- Food Policy:
 - Food and food preparation are strictly prohibited in the competition area.
 - Please use the designated dining area.
- Access Restrictions:
 - Non-contestants are not allowed inside the competition court.
 - Spectators must remain in their designated team seating area.

Contact Information



Phone:

- (+66) 86 979 7638 Ms.Cassandra / (+66) 64 646 4885 Mr. Ulysses



Email:

- cassandra.chz@gmail.com



social media:

- Facebook: [Heroes Taekwondo](#) Instagram: [@heroestaekwondo](#)



Registration Link: <https://www.gmacscore.com/match/455>

Weigh-In Information

Weigh-In Schedule for Kyorugi Athletes

- For athletes **competing on Saturday, 01 August 2026**:
 - Weigh-In Date: Friday, 31 July 2026
 - Time: 12:00 – 18:00
 - **Weigh-In Date: Saturday, 01 August 2026**
 - Time: 07:00 – 08:00
- For athletes **competing on Sunday, 02 August 2026**:
 - Weigh-In Date: Saturday, 01 August 2026
 - Time: 12:00 – 18:00

Weigh-In Guidelines

- Each athlete is allowed two (2) weigh-in attempts.
 - If the athlete fails to meet the required weight after the second attempt, they will be disqualified.
- All athletes must bring their Passport and present it to the committee during weigh-in.
- Class B & C participants **must also bring their Belt Test Certificate** along with their Passport.

Important Notice

- Changes to weight or weight category upon arrival (after registration closes) will incur a **\$40 USD processing fee**.
- Failure to meet weight requirements will result in disqualification and NO – SHOW, the athlete **will not receive any medals or certificates**.
- Late Registration: After the official registration deadline, late registration will be available for a **\$120 USD** fee.

Online Registration: **Deadline: 09 July 2026**

- Registration Link: <https://www.gmacscore.com/match/455>

Entry Fees

- Individual Kyorugi: US\$ 65 / Person — or — 2,000 THB
- Team Kyorugi: US\$ 120 / Team — or — 3,800 THB
- **Para Kyorugi: Entry fee waived (FREE)**
- Individual Poomsae: US\$ 65 / Person — or — 2,000 THB
- Mixed Pair Poomsae: US\$ 85 / Pair — or — 2,700 THB
- Team Poomsae: US\$ 120 / Team — or — 3,800 THB
- Freestyle Poomsae Individual: US\$ 65 / Person — or — 2,000 THB
- Freestyle Poomsae Pair: US\$ 85 / Person — or — 2,700 THB
- Freestyle Poomsae Team: US\$ 120 / Person — or — 3,650 THB
- Speed Kick: US\$ 35 / Person — or — 1,100 THB
- Speed Kick: US\$ 80 / Team — or — 2,500 THB
- Taekwondo Dance: US\$ 130 / Team — or — 4,200 THB

Payment Options: through one of the following payment methods:

- Cash on Arrival
- **Teams must first pay a 30% deposit of the entry fee to secure their registration.**
- The remaining balance can be paid upon arrival.
- Bank Transfer
- Western Union
- Wise Transfer
- PayPal **(+5% additional fee applies)**

This ensures a smooth registration process and secures participation in the competition.

Coach Cashback Offer!

- Coaches will receive a **5% cashback (or discount) upon arrival**; to qualify, the team must register **at least 20 entries/team name**.
- Cashback is prioritized for club representatives.

Late Registration

- On-site or same-day registration: **US\$ 130 per individual event** or equivalent in Thai Baht (**≈ 4,000 THB**).

🎁 SPECIAL GIFT FOR FIRST 900 ENTRIES 🎁

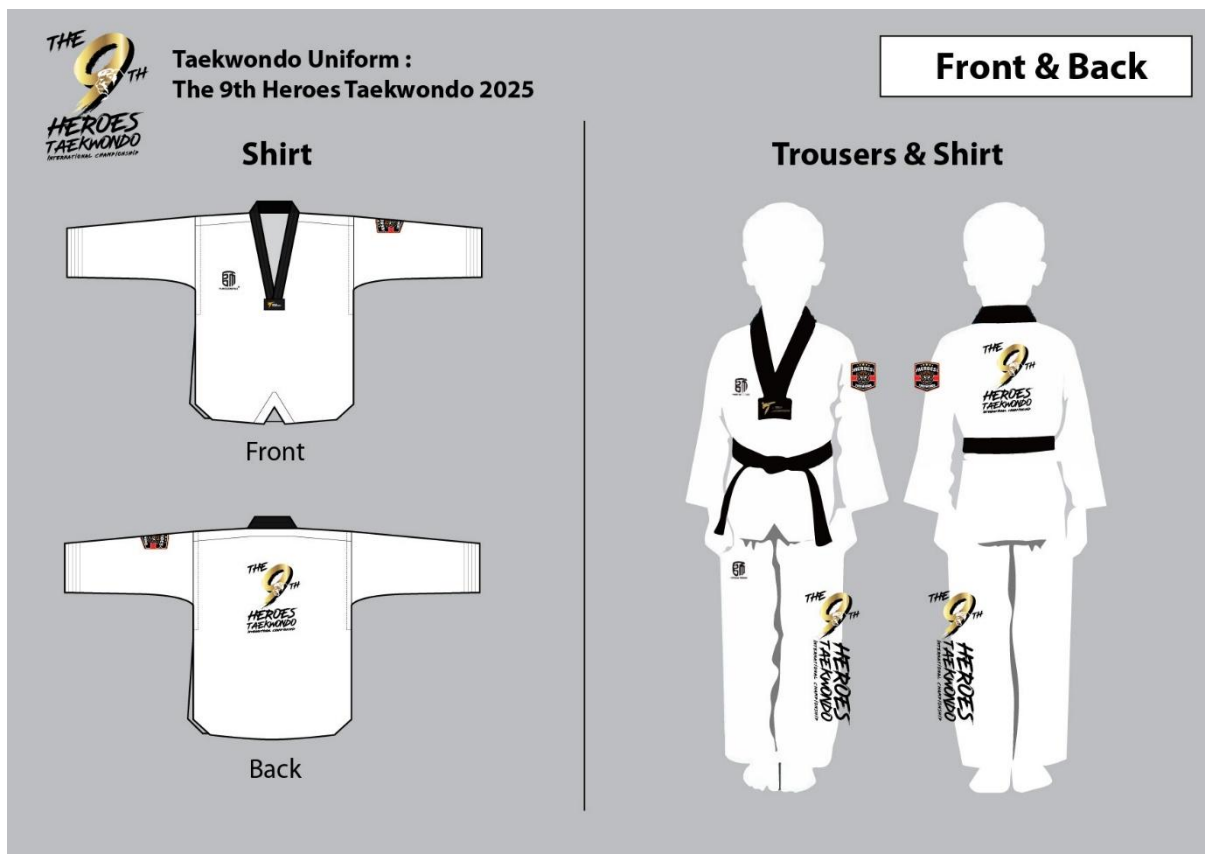
Athletes who register for individual events and complete full payment will receive a FREE competition uniform.

- ✅ 1 individual entry = 1 free uniform
- ✅ More than 1 individual entry (e.g. *Poomsae Individual* + *Kyorugi Individual*)
- ➔ Receive 2 free uniforms

⚠ Limited to the first 900 completed entries only

🕒 While stocks last

Thank you for your amazing support and participation 🤝 🙏



Payment Details

1. Bank Transfer

- Account Name: CASSANDRA HALLER
- Account Number: 664 – 387 – 611 – 7
- Bank Name: Krung Thai Bank Public Company Limited
- Swift Code: KRTHTHBK
- Bank Address: 3522 Ladprao, Klong Chan, Bangkapi, Bangkok 10240, Thailand


2. Western Union

Receiver Name (Choose ONE):

- CASSANDRA HALLER
- PHATCHAREE HALLER
- ULYSSES HALLER
- SASIPA PULPURM

Address for Western Union Transfers:

3/364 The Base Rama 9, Ramkhamhaeng 24, Huamark, Bangkapi, Bangkok 10240, Thailand

 Tel: +66 86 979 7638 / +66 98 196 4535

3. PayPal

- PayPal Email: cassandra.haller91@gmail.com
- **Note: An additional 5% service fee applies for Paypal**

4. Wise Transfer

- Transfer Link: <https://wise.com/invite/ihpc/cassandrah161>
- Search via Email: cassandra.chz@gmail.com

Venue Information

📍 Competition Venue: Google Maps

<https://maps.app.goo.gl/9e4XfabggFUkrdeF8>

🏠 Venue Name: Eastern National Sports Training Center

📍 Address: Chaiyaphruek 2 Rd, Pattaya City, Chon Buri, Thailand



PARENT'S PERMISSION FORM

The 9th HEROES TAEKWONDO INTERNATIONAL CHAMPIONSHIP 2026,
PATTAYA, THAILAND

 Date: _____

To: The Organizing Committee

Parent/Guardian Name: (Mr. / Mrs. / Ms.) _____

Address: _____

Contact Number: _____

I, (Parent/Guardian Name) _____,

grant permission for my child, (Participant's Name, under 18 years old), to participate in “The 9th Heroes Taekwondo International Championship 2026”, which will take place from 31st July – 02nd August 2026 at the Eastern National Sports Training Center, Chaiyaphruek 2 Rd, Pattaya City, Bang Lamung District, Chon Buri, Thailand.

I confirm that my child possesses sportsmanship and will fully comply with all event rules and regulations.

I acknowledge and understand that any accidents or injuries that may occur before, during, or after the competition are my sole responsibility. The event organizers will not be held liable for any injuries, accidents, or incidents involving my child during the event.

Signature: _____

Kind Regards,

Parent/Guardian Name: _____

◇ Please submit this form to the Head of Team or Coach, not directly to the organization.

◇ One document per athlete is required.

TEAM'S PERMISSION FORM

The 9th HEROES TAEKWONDO INTERNATIONAL CHAMPIONSHIP 2026,
PATTAYA, THAILAND

 Date: _____

To: The Organizing Committee

Head of Team/Head Coach Name: (Mr. / Mrs. / Ms.) _____

Team Name: _____

Contact Number: _____

I, (Head of Team/Coach Name), _____
acknowledge and understand that any accidents or injuries that may occur
before, during, or after the competition are the sole responsibility of my team.
The event organizers will not be held liable for any injuries, accidents, or
incidents involving my team athletes during the event.

Signature: _____

Kind Regards,


(Head of Team/Coach)

◇ Please submit this form upon arrival at the venue.

◇ One document per team is required.

ATHLETE STATEMENT FORM

The 9th HEROES TAEKWONDO INTERNATIONAL CHAMPIONSHIP 2026,
PATTAYA, THAILAND

 Date: _____

Full Name: _____

Date of Birth: _____ Gender: Male Female

Weight: _____ kg Belt Rank: _____

Country: _____ State/Province: _____

Phone Number: _____

Team Name: _____

I, (Athlete's Full Name), agree to abide by all rules and regulations throughout the competition and conduct myself with discipline and respect. I acknowledge that I am responsible for my actions and will compete in a fair and sportsmanlike manner.

Furthermore, I waive any claims against the event promoters, organizing committee, officials, and other participants for any injuries or incidents that may occur during my participation in “The 8th Heroes Taekwondo International Championship 2026”, held from 31st July – 02nd August 2026 at the Eastern National Sports Training Center, Chaiyaphruek 2 Rd, Pattaya City, Bang Lamung District, Chon Buri, Thailand.

I sign this statement with full understanding, of my own free will, and without any external pressure or coercion.

Athlete's Signature: _____

◆ Please submit this form upon arrival at the venue.

COMPETITION PROGRAM

Day 1 — 31 July 2026 | Poomsae & Special Events

| No. | Competition Category | Description |
|-----|----------------------|--|
| 1 | Poomsae | Individual / Pair / Tea, Poomsae Competition |
| 2 | Freestyle Poomsae | Individual / Pair Creative Freestyle Poomsae |
| 3 | Taekwondo Dance | Performance / Team Dance Event |
| 4 | Speed Punch | Individual / Team Speed Punch Challenge |
| 5 | Speed Kick | Individual / Team Speed Kick Challenge |

Day 2 — 01 August 2026 | Kyorugi Individual (Non-Electronic Protector)

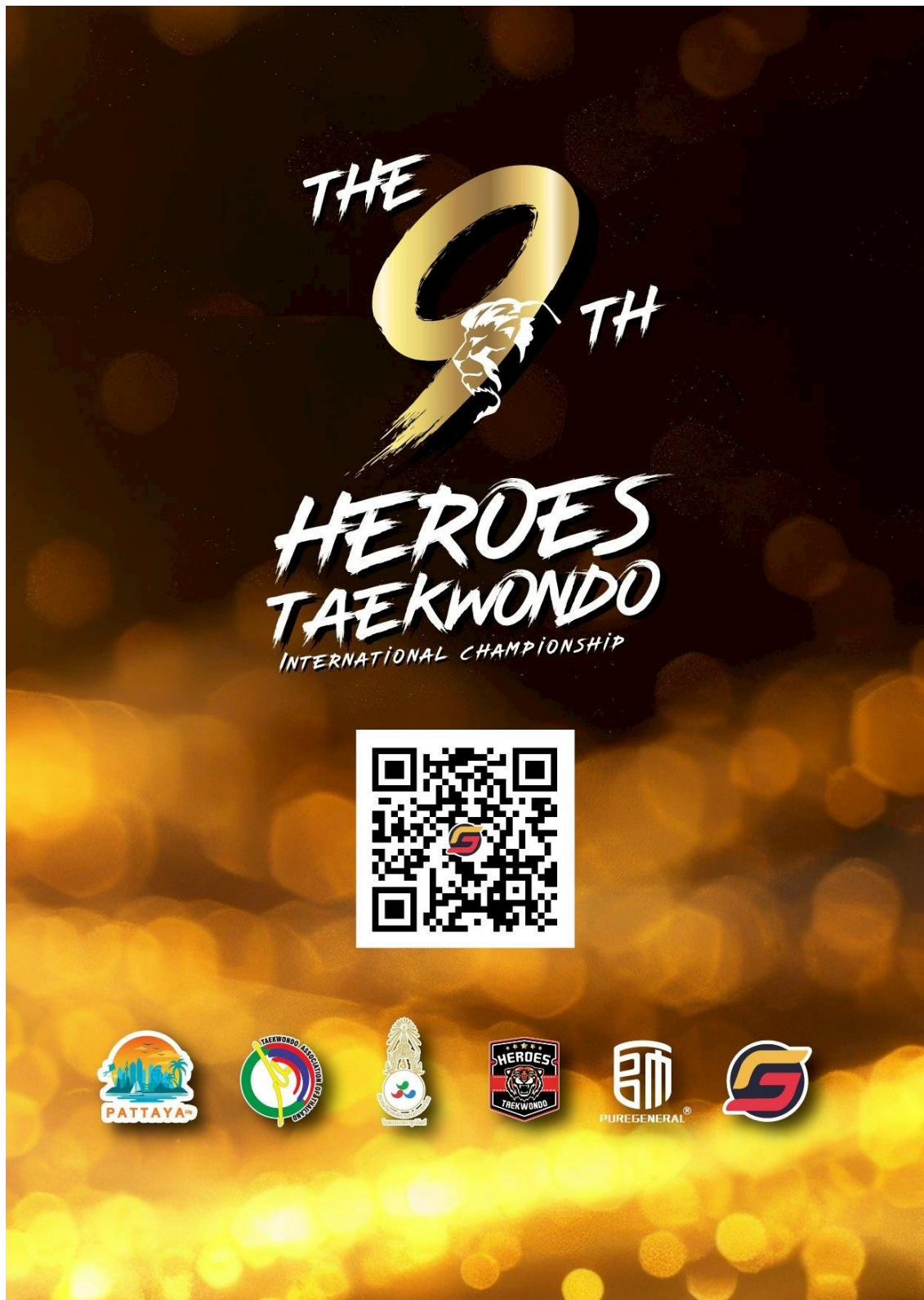
| Category | Age Division | Competition Class |
|---|----------------|---------------------|
| Kyorugi (Non – Electronic Protector) | Under 4 Years | Class B / C / D |
| | Under 6 Years | Class A / B / C / D |
| | Under 8 Years | Class A / B / C / D |
| | Under 10 Years | Class B / C |
| | Under 12 Years | Class B |
| | Under 14 Years | Class B |
| | Under 17 Years | Class B |
| | Over 18 Years | Class B |
| | Over 30 Years | Class A |
| | Over 40 Years | Class A |
| | Over 50 Years | Class A |

Day 3 — 02 August 2026 | Kyorugi Individual (PSS – KPNP K2)

| Category | Age Division | Type Category | Competition Class |
|---|----------------|---------------|-------------------|
| Kyorugi (Electronic – Protector) | Under 10 Years | Kids | Class A |
| | Under 12 Years | Kids | Class A |
| | Under 14 Years | Cadet | Class A |
| | Under 17 Years | Junior | Class A |
| | Over 18 Years | Senior | Class A |
| Kyorugi Team | All ages Group | | |

THE 9th HEROES TAEKWONDO INTERNATIONAL CHAMPIONSHIP 2026

제9회 히어로즈 태권도 국제 선수권 대회 2026



(Edited by Heroes Taekwondo Organization 19 March 2026)